

BEST YEAR YET!!!





Jay Leno – “Now there are more overweight people in America than average-weight people. So overweight people are now average, which means you have met your New Year’s resolution.”

2 Chronicles 26:5

***“He sought God** in the days of Zechariah, who had understanding in the visions of God; and as long as he sought the Lord, **God made him prosper.**”*

Daniel 1:8

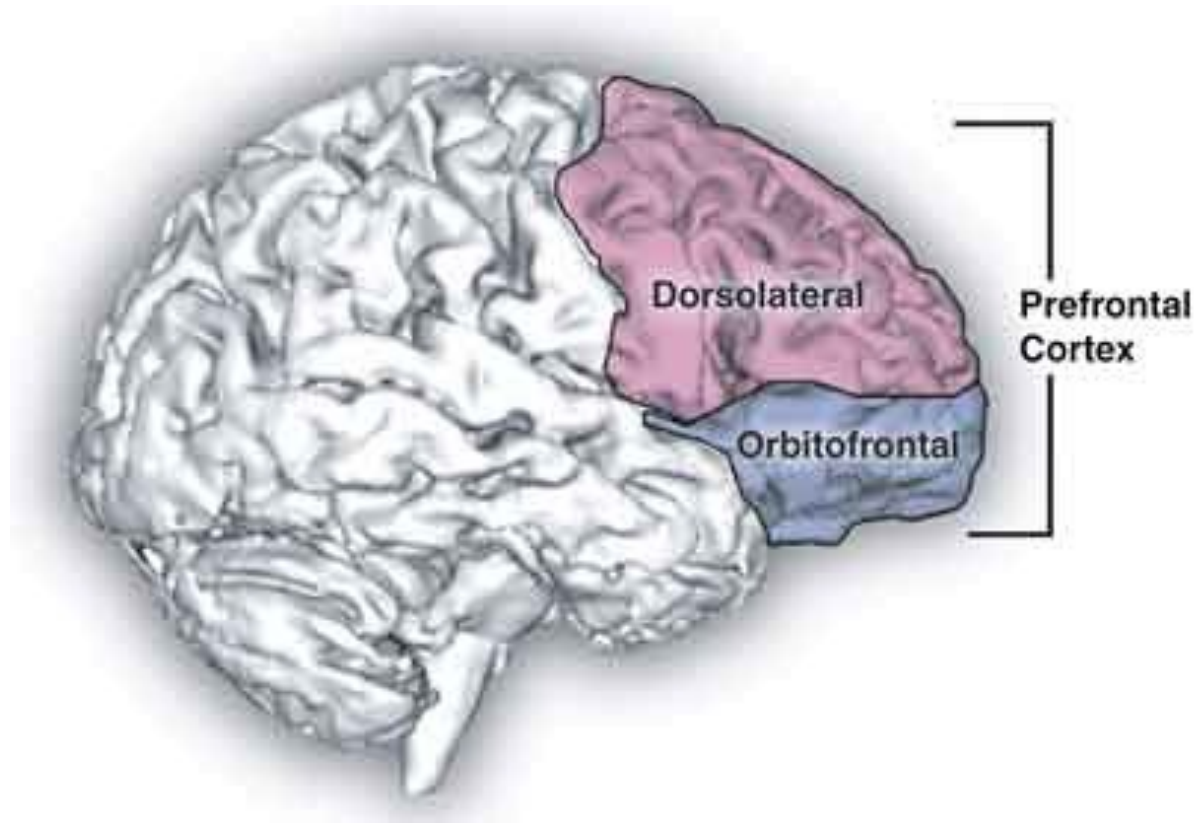
*“But Daniel purposed in **his** **heart** that he would not defile himself...”*

Psalms 20:4

*“May He grant you according to **your** heart’s desire, And fulfill all **your** purpose.”*

“A 2007 study by **Richard Wiseman** from the **University of Bristol** involving 3,000 people showed that **88%** of those who set New Year resolutions fail, despite the fact that **52%** of the study's participants were confident of success at the beginning.”

New year's resolutions demand willpower. Your brain cells that operate willpower are located in the prefrontal cortex,



Dr. Baba Shiv (Stanford)

“So your pre-frontal cortex that handles willpower is like a muscle, that **needs to be trained**, If you decide to train that muscle at the start of the new year with a resolution ... that’s the equivalent of a 300 pound barbell you want to lift without any previous training.”

3 Directives For 2017

1. Be Planted
2. Live Intentionally
3. Display Confidence

1. Be Planted

Psalm 92: 13-14

*“Those who are **planted** in the house of the Lord **Shall flourish** in the courts of our God. They shall still bear fruit in old age; They shall be fresh and flourishing,...”*

How a plant grows from a seed



John 15:5, 8 *“He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing ...By this My Father is glorified, that you bear much fruit;...”*

You have to go down to go up.

You have to be hidden.

You have to remain.

You can know God without community and get to heaven without community, but you can't mature or manifest God's fullness.

Luke 22:31 *“Simon, stay on your toes. Satan has tried his best to separate all of you from me, like chaff from wheat. Simon, I’ve prayed for you in particular...”*

2. Live Intentionally

Jesus lived intentionally

Luke 2:49 *“I must be about
My Father’s business.”*

Luke 4:43 *“I must preach the
kingdom.”*

Luke 19:5 *“I must stay at your house.”*

John 4:4 *“...needed to go through Samaria.”*

John 9:4 *“I must work the works of Him who sent Me...”*

It was never someday or almost!

1 Corinthians 16:13-14 (NKJV)

***Watch**, (**Be Alert** AMP) *stand fast in the faith, be brave, be strong. Let all that you do be done with love.**

***Keep your eyes open**, hold tight to your convictions, give it all you've got, be resolute, and love without stopping.” (The Message)*

“Many are alive but few are conscious.”

Conscious:-- alert and awake; not sleeping or comatose aware of one's surroundings, one's own thoughts and motivations, etc...

3. Display Confidence

Proverbs 3:26 *“For the Lord will be your **confidence**, And will keep your foot from being caught.*

Proverbs 29:25 *“The fear of man brings a snare, but whoever leans on, trusts in, and puts his **confidence** in the Lord is safe and set on high.”*

Confidence :— (with, faith/belief)
full trust; belief, assurance,
boldness.

Parrhesia:— (All and to pour
forth, or utter) boldly freely
speaking.

Hebrews 10:35 *“Therefore do
not cast away your confidence,
which has great reward.”*

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