

# LIST IT OUT

SOMETIMES, IT CAN BE HARD TO THINK OF ALL THE PEOPLE WE CAN TALK TO WHEN WE HAVE DOUBT OR EVEN JUST QUESTIONS.

USE A LARGE POSTER BOARD OR CHALK BOARD TO WRITE A LIST OF PEOPLE YOU CAN GO TO WHEN YOU HAVE DOUBT. BE SPECIFIC.

THERE ARE A LOT OF PEOPLE WE CAN GO TO WHEN WE NEED ENCOURAGEMENT, HAVE QUESTIONS, OR EXPERIENCE DOUBT. JESUS HELPS US TO BELIEVE BY SURROUNDING EACH OF US WITH OTHER PEOPLE WE CAN TURN TO.

LEVEL UP